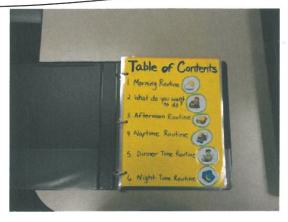


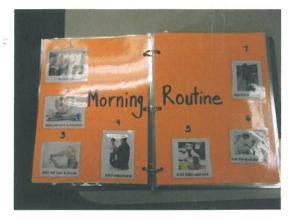
Ideas to Share





Daily Planner





Description: Use a binder to combine your child's daily schedules and routines in one place. This will make it easier for caretakers to have all schedules and routines in one place for reference. The planner will also enable the child to become comfortable with turning pages and going through the binder independently.

Age: 2 years and older

Materials:

- 3-ring binder with clear front pocket
- Pictures of your child doing typical activities in his/her morning, afternoon, playtime, dinner, and night routines
- Velcro
- Colored pieces of paper
- Laminator and sheets (*optional)

Instructions:

- Morning Routine
 - o Print pictures of your child carrying out the steps for a routine. [For example, morning routine may include getting up, getting dressed, brushing teeth, eating breakfast, etc.]
 - o Take a piece of colored paper and write the label (for example, "Morning Routine") on the top
 - o Attach Velcro to the backs of each of the pictures of your child's routine
 - o On the colored piece of paper, attach the pictures of your child's morning routine in the order he/she will perform them
- Repeat this process for afternoon, playtime, dinner, and night or other routines you may want to include.
 - Use various colors of paper for each routine
- Make a table of contents page for the first page of the binder, with a picture that is associated with that particular routine
 - For example, have a picture of the sun next to morning routine, a picture of toys next to playtime routine, etc.

*Useful to have pictures laminated for durability

These ideas have been gathered from various resources included (a) submissions from early interventionists across the country, (b) development by Tots-n-Tech staff, or (c) retrieved from various websites focusing on assistive technology.