



Ideas to Share



I Can Go Potty All By Myself!

Potty Training Social Story



Description: I Can Go Potty All by Myself! is a social story to enable toddlers to learn the steps and become independent in potty training. The story will help toddlers understand the steps and be able to visualize each step with associated pictures to learn the sequence of potty training. It will also help the caregiver teach the steps of potty training to the child.

Age appropriate: 2 years and older

Materials:

- Bare book (or notecards)
- 2 book rings
- Hole punch
- Pictures of toddler
- Laminator and sheets (*optional)

Instructions:

- Create and type story of toddler's steps in going to the bathroom
- Take pictures of toddler performing each step or picture associated with the step
- Print out pictures and story
- Paste one line of story to each page in Bare book, along with associated picture
 - Title Page: I Can Go Potty All By Myself!; Page 2- I am learning how to use the potty!; 3- I want to be just like my big sister and use the potty all by myself!; 4- I get nervous about having an accident while wearing mu big kid underwear.; 5- So I practice with Mommy so I do not wet my pants.; 6- First I have to pull down my pants and underwear.; 7- Then I sit and go on the potty.; 8- I pull up my underwear and then my pants.; 9- I flush the potty when I am done.; 10- Then I wash my hands with soap and water.; 11-I feel so happy after going potty by myself!; 12- And Mommy says she is proud of me too!
- Laminate each page and use hole punch to bind book together with book rings

Ways to Adapt:

- Instead of using a Bare book, use notecards for pages.

*Useful to have pictures laminated for durability