

Ideas to Share





Potty Time Chart



Description: Potty Time Chart visual support teaches your child the steps that will eventually lead to independence in going to the bathroom. Potty time will help your child to learn and understand sequence in going to the bathroom and be reinforced after completing each step with a sticker. This is useful for toddlers during potty training.

Age appropriate: 2 years and older

Materials:

- Pictures of the steps involved in going to the bathroom
- Sticker chart
- Stickers
- Laminator and sheets (*optional)

Instructions:

- Have pictures of the child associated with each step involved in going to the bathroom
 - O I can take down my pants by myself
 - O I sat on my potty.
 - O I went on the potty!
 - O When I'm done, flushing is fun!
 - O I wash my hands when I'm done!
- Have a sticker chart next to each step
- Child will place a sticker next to each step they have completed

Ways to Adapt:

Can also create sticker chart using grids, such as the one in the picture, instead of having to buy sticker chart

*Useful to have pictures laminated for durability

These ideas have been gathered from various resources included (a) submissions from early interventionists across the country, (b) development by Tots-n-Tech staff, or (c) retrieved from various websites focusing on assistive technology.