



# Ideas to Share



## Who? Where? When? Why? How? Transitional Support



**Description:** Child will be able to understand where he/she is going to prepare for the family's transition to a new destination. Who? Where? When? Why? How? Visual support can help the child remember and understand the reasons for leaving the house to improve transitions to a new activity. The child can be reminded by looking at the pictures of where the family is going and why during the trip. Age appropriate: 3 years and older

### Materials:

- Book ring
- Stretchy spiral key chain
- Hole punch
- Laminator and sheets (\*optional)

### Instructions:

- Take and print pictures of:
  - child and family members/people who are involved in common family routines; reasons for leaving the house (i.e. child going to the grocery store, child and mom picking up brother, or child getting a haircut); places where the child and family are going (i.e. doctor's office, hairdresser, grocery store, post office, or family friend's house); modes of transportation (i.e. walking, bus, car, train, subway, or plane)
- Type up times during the day (in fifteen minute or 30 minute increments) when the family leaves and print
- Create dividers by typing up Who?, Where?, When?, Why?, and How? for between the pictures in a different color for the child to see Who is going? Where are we going? When are we going? Why are we going? How are we going? and print
- Laminate the pictures and cut each one out to have similar sizes
- Hole punch and place one book ring to attach to key chain for child to place on wrist during activity

### Ways to Adapt:

- Use sign language to put underneath the pictures instead of the written words
- Can also modify how many sections are used if these five (Who? Where? When? Why? And How?) are too many for your child

\*Useful to have pictures laminated for durability